# Covid 19 Information - Updated Links

**211. http://www.211nh.org.** For Covid 19 information.

If you are experiencing common symptoms of COVID-19, such as fever or cough, please call your primary care provider for guidance. Call 2-1-1 if you do not have a primary care provider.

**Call 911 if you have a medical emergency**: If you have a medical emergency and need to call 911, notify the operator that you have or think you might have, COVID-19. If possible, put on a facemask before medical help arrives.

**For the latest information, resources, and guidance related to COVID-19, click this link:** nh.gov/covid19.

**Center for Disease Control and Prevention, Covid 19:**
https://www.cdc.gov/coronavirus/2019-nCoV/index.html

**Steps to help prevent the spread of COVID-19 if you are sick.** Go to https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf

**Explanation of Public Health Monitoring and Movement Restriction Terms:**
https://www.nh.gov/covid19/documents/terms.pdf

**COVID-19 Self-Observation Guide.** Go to https://www.nh.gov/covid19/residents/documents/self-observation-covid.pdf

**COVID-19 Self-Quarantine Guide.** Go to https://www.nh.gov/covid19/residents/documents/self-quarantine-covid.pdf

**NH - State Emergency Orders**
To review the complete list of Emergency Orders, please go to https://www.governor.nh.gov/news-media/emergency-orders/index.htm

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