

March 5, 2020

CDC Issues Self-Isolation Guidance for Travelers

Countries with a Level 3 Travel Alert

On March 4, 2020, the U.S. Centers for Disease Control and Prevention (CDC) announced that travelers from countries with a Level 3 travel alert (currently China, Iran, Italy and South Korea) are advised to stay home and monitor their health (i.e., self-quarantine) for 14 days after returning to the United States.

Self Quarantine Guidance 03/04/2020 - Level 3

Countries with a Level 2 Travel Alert

Travelers from countries with a Level 2 level travel alert (currently Japan) are advised to monitor their health and limit interactions with others for 14 days after returning to the United States.

Self Observation Guidelines (03/04/2020) - Level 2

Anybody with travel to one of these countries who develops symptoms of fever or respiratory illness within 14 days of travel should limit contact with others and contact their primary care provider by phone to discuss their travel and symptoms in order to assess whether testing for COVID-19 might be warranted.

Healthcare providers should discuss with the DHHS Division of Public Health Services the testing of anybody suspected with COVID-19.

Go to <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html> and <https://www.dhhs.nh.gov/dphs/cdcs/2019-ncov.htm> for the latest information.