

# SWIM LESSONS 2022

## Registration Form

### **CLASS SIZE AND SCHEDULE TO BE DETERMINED BY ENROLLMENT**

***Please return completed forms to lifeguards or Park Attendant (On duty daily from 10-6),  
or by email to [veasey@townofdeerfieldnh.com](mailto:veasey@townofdeerfieldnh.com).***

***Forms must be submitted by the Thursday before the start of desired session.***

**Swim lessons are free and open to Deerfield residents age 4 and older.**

A preliminary session schedule is listed on the enrollment form, these sessions are subject to change based on enrollment.

Session one may be postponed or cancelled depending on the water temperature.

**We are offering classes for levels 1-4 only at this time. We hope to be able to add a level 5 and 6 class soon.**

Please read the class descriptions and select the skill level that best reflects the child's abilities. We reserve the right to change or combine proposed classes as needed.

<u>Level 1:</u> This child has never had swim lessons before (informal or formal), instructor assistance is heavily needed.  This child will learn swimming basics and become comfortable in the water.		<u>Level 4:</u> This child generally knows how to swim, can swim at least halfway to the dock without assistance. Knows at least one stroke and will need to work on endurance and breathe control.	
<u>Level 2:</u> This child has had some lessons before (in/formal) understands they need to kick and reach forward in in order to swim. Some assistance is needed but can do a moment or two by themselves. Will work on swimming independently.		<u>Level 5:</u> This child knows at least two strokes and is able to swim all the way out to the dock by him/herself. The child will work on improving technique, learning new strokes, dives, and swimming longer distances.	
<u>Level 3:</u> This child can do spurts of swimming on their own is able to kick and do some sort of arm movement to propel their self forward. Will work on swimming endurance and breathe control.		<u>Level 6:</u> This child knows three of more strokes, is able to swim for a decent amount of time, knows how to dive and wants to learn work on <i>specific</i> technique improvement and water safety.	

Each session lasts two weeks, Monday through Thursday for 20- 30 minutes per class.

**Session 1: July 5-14**

**Session 2: July 18-28**

**Session 3: August 1-11**

**Session 4: August 15-25**

# SWIM LESSONS 2022

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Level: \_\_\_\_\_

*Please complete a separate form for each child when enrolling more than one student*  
Return completed forms to our staff on duty or email to [veasey@townofdeerfieldnh.com](mailto:veasey@townofdeerfieldnh.com)

## Level and Session choice (please indicate first and second choice):

	Session one	Session 2	Session 3	Session 4	Class Times (subject to change)
Level 1					12:00-12:30
Level 2					12:45-1:15
Level 3					1:30-2:00
Level 4					2:15-2:45
Level 5					
Level 6					

Parent(s) Name(s): \_\_\_\_\_

Address: \_\_\_\_\_, Deerfield, NH 03037

Best Contact Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

If swim lessons are cancelled (due to weather) please contact me at \_\_\_\_\_

Questions/Comments/Medication/Injuries/anything the instructor should know about:

Please contact us with any questions or concerns at [veasey@townofdeerfieldnh.com](mailto:veasey@townofdeerfieldnh.com), or visit the lifeguards on duty from 10-6 daily.